

# **SUBSTANCE ABUSE AND DISABILITY IN REHABILITATION**

## **Course Syllabus—Summer B—2008**

### **RCS 6458**

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Office hours: Before or after class or by appointment  
Classroom location: HPNP G108  
Times: Tuesdays, Periods 2-4 (9:30 am-1:45 pm)  
Thursdays, Periods 2-3 (9:30 am-12:15 pm)

### **Description of the course**

This is a graduate-level course in substance abuse counseling, the focus of which is the basic knowledge, skills, and attitudes of professional substance abuse counseling practice, including

- ✓ Substances commonly abused, their effects, and their pharmacology
- ✓ Screening, assessment, treatment planning, and documentation
- ✓ Co-occurring disorders, including psychiatric and physical disabilities
- ✓ Effective substance abuse counseling interventions
- ✓ Aspects of client, family, and community education, and
- ✓ Professional and ethical responsibilities

### **Learning Objectives**

Upon successful completion of this course, students will be able to:

1. Describe commonly abused substances and identify their physiological and behavioral effects
2. Define addiction and explain current thought on addiction, intervention, and relapse prevention
3. Apply knowledge of cultural differences to increase effectiveness of SA treatment and intervention
4. Address complex SA treatment issues, including common co-occurring psychiatric disorders and substance abuse in individuals with other disabilities
5. Carry out substance abuse screening and assessment
6. Integrate models of therapeutic intervention into effective treatment planning, service coordination, and appropriate referral

7. Identify vocational issues prevalent in individuals who abuse
8. Systematically document client-counselor activities and interactions
9. Develop strategies for interdisciplinary collaboration in SA treatment
10. Prepare and present prevention, treatment, and recovery education suitable for clients and family or community venues
11. Recognize and practice professionalism and ethical conduct in SA counseling

### **Recommended References and Resources**

American Psychiatric Association (2005). *Diagnostic and Statistical Manual IV-Text Revision*. Arlington, VA: American Psychiatric Publishing, Inc.

Glidden-Tracey, C. (2005). *Counseling and therapy with clients who abuse alcohol or other drugs: An integrative approach*. Mahwah, NJ: Lawrence Erlbaum.

Levinthal, C. F. (2008). *Drugs, behavior, and modern society* (5<sup>th</sup> Ed.). Boston: Pearson.

### **Requirements/Evaluation**

1. Participation. Active engagement in discussions, attendance, and professional conduct. (20%)
2. Drug Fact Sheet and Presentation. (20%)
3. In-class Examination: Assessment and Report. Using a substance abuse assessment methodology following American Society of Addiction Medicine (ASAM) guidelines for recommending levels of care, develop a hypothetical client's case, from intake to assessment to initial treatment plan. (20%)
4. Community Treatment/Resources Activity. Attend a minimum of two of these: an open AA meeting; an open NA meeting, one session of Drug Court, or one session of Al-Anon. A reaction paper, 2-3 pages in length, must be submitted after you attend each meeting/session. (10% each, 20% total)
5. Community/Family Education Project. Develop and share with the class an educational unit (including lessons/activities), approximately 30 minutes in length, designed to address alcohol or substance abuse awareness, consequences, treatment options, and/or outcomes to an audience of your choice. Creativity and thoroughness of lesson is highly desirable and encouraged. (20%)

**Grades will be assigned as follows:**

Grading scale:	A	90-100%
	B+	86-89%
	B	80-85%
	C+	76-79%
	C	70-75%
	D	60-69%
	E	less than 60%

**Topic Outline and Required Readings**

<u>Week 1—July 1</u>	Introduction to course and assignments Defining substance abuse (DSM IV-TR) Defining the challenges of substance abuse in our society
<u>Week 1—July 3</u>	No class meeting; students complete Drug Fact Sheet assignment
<u>Week 2—July 8</u>	Drug Fact Sheet Presentations The science of addiction Introduction to assessment & treatment planning  Glidden-Tracey, Chapters 1-4
<u>Week 2—July 10</u>	Assessment and treatment planning  Glidden-Tracey, Chapters 5
<u>Week 3—July 15</u>	Substance abuse treatment  Glidden-Tracey, Chapters 6 & 7
<u>Week 3—July 17</u>	Substance abuse and other disabilities
<u>Week 4—July 22</u>	Center for Independent Living AHEC Project (8:30 am-10:30 am) [We will meet at the CIL]
<u>Week 4—July 24</u>	Examination
<u>Week 5—July 29</u>	Substance abuse treatment continued  Glidden-Tracey, Chapters 8 & 9

- Week 5—July 31      Substance abuse treatment continued  
Glidden-Tracey, Chapter 10
- Week 6—August 5      Community/Family Education Projects—student presentations
- Week 6—August 7      Course conclusion, Celebration

### **Academic Issues**

**ACCOMMODATIONS:** The course instructor wants every student to have the opportunity for a positive learning experience. This includes my willingness to provide accommodations to students with disabilities. Students requesting classroom accommodations must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then provide this documentation to me when requesting accommodations.

**COUNSELING:** Students may occasionally have personal issues that arise in the course of pursuing higher education or that may interfere with their academic performance. Students facing problems are encouraged to seek confidential assistance at the University of Florida Counseling Center, 352-392-1575, or Student Mental Health Services, 352-392-1171. Visit their web sites for more information: <http://www.counsel.ufl.edu/> or <http://shcc.ufl.edu/smhs/>.

Crisis intervention is always available 24/7 from the Alachua County Crisis Center: 352-264-6789.

**STUDENT HEALTH:** The Student Health Care Center at Shands is a satellite clinic of the main Student Health Care Center located on Fletcher Drive on campus. Student Health at Shands offers a variety of clinical services, including primary care, women's health care, immunizations, mental health care, and pharmacy services. The clinic is located on the second floor of the Dental Tower in the Health Science Center. For more information, contact the clinic at 392-0627 or check out the web site at: [www.health.ufl.edu/shcc](http://www.health.ufl.edu/shcc)

**ACADEMIC INTEGRITY:** Students are expected to act in accordance with the University of Florida policy on academic integrity (see Student Conduct Code, the Graduate Student Handbook or this web site for more details: [www.dso.ufl.edu/judicial/procedures/academicguide.php](http://www.dso.ufl.edu/judicial/procedures/academicguide.php)

### The Honor Code

We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.

On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied:

"On my honor, I have neither given nor received unauthorized aid in doing this assignment."

**Cheating.** The improper taking or tendering of any information or material which shall be used to determine academic credit. Taking of information includes, but is not limited to, copying graded homework assignments from another student; working together with another individual(s) on a take-home test or homework when not specifically permitted by the teacher; looking or attempting to look at another student's paper during an examination; looking or attempting to look at text or notes during an examination when not permitted. The tendering of information includes, but is not limited to, giving of your work to another student to be used or copied; giving someone answers to exam questions either when the exam is being given or after taking an exam giving or selling a term paper or other written materials to another student; sharing information on a graded assignment.

**Plagiarism.** The attempt to represent the work of another as the product of one's own thought, whether the work is published or unpublished, or simply the work of a fellow student. Plagiarism includes, but is not limited to, quoting oral or written materials without citation on an exam, term paper, homework, or other written materials or oral presentations for an academic requirement; submitting a paper which was purchased from a term paper service as your own work; submitting anyone else's paper as your own work.